

## **Alcohol and Dementia**

**Facilitator: Wendy Perry, DSDC Learning and Development Officer**

Learning outcomes – By the end of this learning programme, participants will be able to:

- Understand the impact of alcohol use on the brain
- Identify and understand the diseases related to Alcohol Related Brain Damage (ARBD)
- Describe the psychosocial elements of support for someone with ARBD
- Recognise the impact of stigma for people living with ARBD
- Understand positive risk enablement when supporting someone with ARBD

<b>9.30 am</b>	Registration and Tea/Coffee
<b>9.45 am</b>	Welcome and Introductions
<b>10.00 am</b>	Overview: Alcohol and the impact on the brain <ul style="list-style-type: none"> <li>• Untangling the evidence</li> <li>• Quiz</li> </ul>
<b>10.45 am</b>	The diseases that make up Alcohol Related Brain Damage <ul style="list-style-type: none"> <li>• Wernicke's Encephalopathy</li> <li>• Korsakoff's Syndrome</li> <li>• Alcohol related dementia</li> </ul>
<b>11:30 am</b>	Tea/Coffee break
<b>11.45 am</b>	Understanding and supporting the needs of the individual with ARBD <ul style="list-style-type: none"> <li>• Substance misuse-risk factors</li> <li>• Diagnosis</li> <li>• Challenges for people with ARBD</li> <li>• Person centred approaches</li> </ul>
<b>12.30 pm</b>	Lunch
<b>1.15 pm</b>	Stigma and ARBD <ul style="list-style-type: none"> <li>• Guest speaker: Jean Hannah, GP and Ph D impact student</li> </ul>
<b>2.15 pm</b>	Recovery and positive risk enablement
<b>2:45 pm</b>	Tea and coffee
<b>3.00 pm</b>	Group workshop: <ul style="list-style-type: none"> <li>• Challenges around supporting someone with ARBD</li> </ul>
<b>3.45 pm</b>	Summary and evaluations
<b>4.00 pm</b>	Close