

## Understanding Distressed Behaviour

<b>Event Summary</b> <i>(subject to change)</i>	<b>Learning Outcomes</b> <ul style="list-style-type: none"> <li>• An introduction to understanding behaviour as a means of communication of needs &amp; identifying those needs</li> <li>• The impact of changes in the brain and the environment on behaviour</li> <li>• Recognising the social and emotional needs of people with dementia</li> <li>• Identifying the triggers for distressed behaviour</li> <li>• Developing strategies and interventions for distressed clients</li> </ul>
<b>Timings</b>	
<b>10:00-10:15</b>	<b>Registration, welcome &amp; introductions</b>
<b>10:15-11:15</b>	<b>Overview on dementia and changes in the brain which contribute to changes in behaviour.</b>
<b>11:15-11:30</b>	Tea/Coffee Break
<b>11:30-12:45</b>	<b>Understanding psycho-social needs</b> <ul style="list-style-type: none"> <li>• Moving away from a medical approach to care and support</li> <li>• Tom Kitwood and positive person work</li> </ul>
<b>12:45-13:45</b>	Lunch
<b>13:45-14:40</b>	<b>Recognising behaviours as communication-The Newcastle model</b> <ul style="list-style-type: none"> <li>• Identifying triggers for distressed behaviour</li> <li>• Developing strategies and interventions</li> </ul>
<b>14:40-14:55</b>	Tea/Coffee break
<b>14:55-15:45</b>	<b>Trying out our skills</b> <ul style="list-style-type: none"> <li>• Small group exercise: working with Eva to identify triggers and develop strategies and interventions</li> </ul>
<b>15:45-16:00</b>	<b>Questions/Final comments/evaluation</b>