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# Best Practice in Dementia Care: research into practice

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@dementiacentre



# Best Practice Learning Programme: Five Editions—

Housing\*\* Domiciliary Care,  
Hospital\*, Care home\*, & Emergency  
Care\*

*\* Accredited by Royal College of Nursing*

*\*\* Validated by Chartered Institute of  
Housing*



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## Aims – culture change programme

- To improve the person's experience of care by changing often deeply held values, attitudes and beliefs about dementia.
- Enabling staff to learn together and develop a mutual understanding of best practice for those they support.



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# What makes this course work?

- Takes place in the workplace
- The facilitator is a colleague
- It is flexible with duty rotas
- Reflects the reality of practice for staff
- Staff are supported throughout
- Suitable for any educational level
- Introduction to higher education & dementia studies



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- Since 2008, more than 11,000 staff have successfully completed the learning programme across the UK and internationally.
- 1,980 are trained facilitators

Hong Kong / Australia / Germany / Malta



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# Evaluation

Evaluation continues to evidence positive improvement in the quality of care:

- A Multi method evaluation commissioned and was published in November 2014

(2014 Velzke K Nursing Older People 26.9. 21 – 27)

## Plan for 2017 - 18

1. Comparative study with Hong Kong – Australia - UK
2. University curriculum ( SCQF )



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*“I have learned most of all to reflect on what I do within the ward as I realise that my actions and those of other staff can have a negative or positive impact on patients” (HCA)*



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# Example of learning and changing practice

Fiona Osbourne

Support worker for a home care organisation

She speaks about 'Cathy' ( name changed )



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